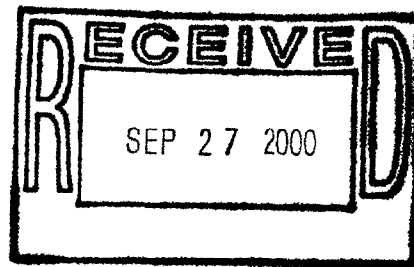


September 21, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug, & Cosmetic Act and regulations promulgated thereunder.

Name and Address of Dietary Supplement Manufacturer: Twin Laboratories, Inc.
150 Motor Parkway
Hauppauge, NY 11788

Text of statement being made: "Helps preserve lean body mass & prevent muscular fatigue."

Dietary supplement ingredients: Zinc, Guarana Seed Extract, Mahuang Extract, Chrysin, Green Oat Extract and DHEA.

Dietary Supplement brand and name: Twinlab RIPPED FUEL TESTOSTERONE BOOSTER.

As required, enclosed are two photocopies of this notification.

Sincerely,

A handwritten signature in black ink, appearing to read "Neil Blechman". The signature is fluid and cursive, with a long horizontal stroke at the end.

Neil Blechman
Executive Vice President
Twin Laboratories Inc.

Enclosures

975-0162

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